

Question #1

The referee observes Team A wearing red socks with black tape applied above the ankles. What is the ruling?

- a.
 - Permitted per NFHS rules.
- b.
 - Not permitted. The color of the tape must be a similar color of the sock.
- c.
 - Not allowed. Players cannot modify the sock.
- d.
 - Allowed, as long as the other team agrees.

Question #2

Player A3 has hair beads at the end of a pony tail secured to their head with a bun. During play, the bun comes undone allowing the pony tail with beads to swing freely. At the next stoppage, what should the referee do?

- a.
 - Require A3 to immediately leave the field without a caution.
- b.
 - Ask A3 to correct their equipment, and if not immediately correctable, ask A3 to leave the field without a caution.
- c.
 - Require A3 to immediately leave the field and caution A3's head coach.
- d.
 - Ask A3 to correct their equipment, and if not immediately correctable, ask A3 to leave the field and caution their head coach.

Question #3

During play, player A1 appears injured. The referee whistles to stop play. When is the player required to leave the field?

- a.
 - The player must leave the field because play was stopped for an injury.
- b.
 - The player must leave the field once the referee stops the clock.
- c.
 - The player must leave the field once the referee stops the clock and beckons on the coach or appropriate health-care professional.
- d.
 - The player must leave the field once the player has been deemed injured by the coach or appropriate health-care professional.

Question #4

Player A spits at Player B during a verbal altercation.

- a.
 - Players A and B are both cautioned for the verbal altercation.
- b.
 - Player A is ejected and receives a red card.
- c.
 - Player A is cautioned for spitting at Player B.
- d.
 - Players A and B are both ejected with red cards.

Question #5

Player in red passes the ball ahead to a teammate in an offside position. The referee should: [Video](#)

- a.
 - Award the team in white a drop ball where the player first kicked the ball.
- b.
 - Award the team in white an indirect free kick for the offside where the teammate played the ball.
- c.
 - Award the team in white a direct free kick for the offside.
- d.
 - Allow play to continue as there a chance the White team can play the ball.

Question #6

The referee observes Player A1 wearing socks with the foot cut off.

- a.
 - This is illegal. Cut socks cannot be worn.
- b.
 - This is illegal. The color of the foot of the sock must match the body of the sock.
- c.
 - This is legal as long as the visible material under the sock (and above the ankle) is similar in color to the predominant color of the sock.
- d.
 - This is legal. The color of the visible material under the sock does not matter.

Question #7

Which of the following has direct supervision over ball holders?

- a.
 - The home team's coach.
- b.
 - The away team's coach.
- c.
 - The officials.
- d.
 - Game management.

Question #8

With 1 minute and 30 seconds left in the first half of play, Team A has a two-goal lead. When the ball goes out of play for a goal kick, Team A makes a substitution. The official timer should:

- a.
 - Notify the official of the substitution.
- b.
 - Notify the official of the substitution and stop the clock since the team in the lead is subbing.
- c.
 - Disallow the substitution and do not notify the official.
- d.
 - Notify the official of the substitution and stop the clock until the losing team also makes a substitution.

Question #9

The hosting school schedules a junior varsity and varsity match on the same day. After the JV match has concluded, the visiting JV team stays to watch its varsity team. During the match, the JV players from the spectator stands are shouting comments containing abusive language toward the referees that are causing game management issues. The referee should:

- a.
 - Allow play to continue and ignore the comments from the spectators.
- b.
 - Suspend the match and request game management to take appropriate action with the JV team members.
- c.
 - Stop play and yell up to the stands a warning that the game will be suspended and/or terminated if their behavior continues.
- d.
 - Stop play and direct the JV players to leave the playing area and board their school's bus for the remainder of the varsity match.

Question #10

Coach A is observed using a vape pen on the sideline but 50 feet from a player.

- a.
 - This is permitted as long as the coach has approval from the athletic administrator.
- b.
 - This is not allowed in any circumstance.
- c.
 - This is permitted with a doctor or trainer's permission for medical reason.
- d.
 - This is permitted.

- **Question #11**

The goalkeeper, before taking a goal kick, moves from the right side of the goal area to the left side of the goal area before spotting the ball.

- a.
 - Immediately stop play and give corner kick to opponent.
- b.
 - The referee shall stop the clock and restart once the ball is put into play.
- c.
 - If this is considered time-wasting, the referee shall award an indirect kick.
- d.
 - This is allowed, but if this is deemed a time-wasting ploy, the referee shall stop the clock and caution the goalkeeper.

Question #12

Which of the following would negate a player being penalized for being offside?

- a.
 - Interfering with play.
- b.
 - Interfering with an opponent.
- c.
 - Gaining an advantage by being in the position.
- d.
 - The defender deliberately playing the ball.

Question #13

When determining whether an obvious goal scoring opportunity (DOGSO) has been denied, the following must be considered and present:

- a.
 - Direction of play and distance between the offense and the goal.
- b.
 - Likelihood of keeping or gaining control of the ball.
- c.
 - Location and number of defenders.
- d.
 - All of the above.

Question #14

A second whistle is required to restart play for all of the following except:

- a.
 - A penalty kick.
- b.
 - A direct free kick.
- c.
 - After a substitution.
- d.
 - After a caution or disqualification.

Question #15

A10 is in an offside position. Player A9 plays the ball and defender B12 is struck by the ball in the leg. The ball inadvertently goes toward A10. The official shall:

- a.
 - Allow play to continue.
- b.
 - Penalize A10 for being offside and restart with an indirect free kick for Team B.
- c.
 - Penalize A10 for being offside and restart with a direct free kick for Team B.
- d.
 - Award a direct free kick to Team B.

Question #16

Team A is in the lead during the last five minutes of the game. Team B has a substitute who has reported to the official area and is ready to substitute. Team A then sends a player to report to the official area and is ready to substitute. The ball goes out of play and Team B is awarded a throw-in. The official shall:

- a.
 - Not stop the clock if both teams are substituting.
- b.
 - Allow the substitutions and the clock is not stopped.
- c.
 - Stop the clock for the substitutions.
- d.
 - Caution the Team A coach for unsporting conduct.

Question #17

Player A1 is attacking Team B's goal. Player B5 fouls Player A1 by pulling at the jersey, stopping a promising attack (SPA). The referee shall:

- a.
 - Allow the play to continue.
- b.
 - Eject Player B5.
- c.
 - Caution Player B5.
- d.
 - Caution the Team B coach for unsporting behavior.

Question #18

The ball strikes the referee standing inside the penalty area and the ball subsequently enters the goal. What is the appropriate restart?

- a.
 - Indirect free kick.
- b.
 - Kickoff.
- c.
 - Drop ball to the team that last touched the ball prior to hitting the referee.
- d.
 - Drop ball to the defending team's goalkeeper.

Question #19

The player in white trips the player in blue. The referee should: [Video](#)

- a.
 - ☐ Award an indirect free kick for the tripping foul.
- b.
 - ☐ Allow play to continue as the trip was incidental and not intentional.
- c.
 - ☒ Award a direct free kick to the Blue Team.
- d.
 - ☐ Call time and issue a caution to the player in white.

Question #20

A3 is in an offside position near the edge of the penalty arc. A2 takes a shot at goal which deflects off B2's hip to A3 who plays the ball. The correct procedure is:

- a.
 - ☒ Award an indirect free kick to Team B at the spot where A3 played the ball.
- b.
 - ☐ Allow play to continue. A1 is not offside because the ball was last touched by B2.
- c.
 - ☐ Award an indirect free kick to Team B at the spot where A2 took a shot.
- d.
 - ☐ None of the above.

Question #21

If the ball becomes deflated during play and is declared dead, how is play restarted?

- a.
 - ☐ Direct free kick.
- b.
 - ☐ Throw-in for the team last in possession.
- c.
 - ☐ Indirect free kick at the spot where it was last played to the team that last possessed the ball.
- d.
 - ☒ Drop ball at the spot where it was last played to the team that last possessed the ball.

Question #22

Player A1 passes the ball to A3 using the shoulder area above the armpit. The referee should:

- a.
 - Blow the whistle and award a direct free kick to a player from Team B for handling.
- b.
 - Blow the whistle and award an indirect free kick to a player from Team B for an accidental handling.
- c.
 - Allow play to continue.
- d.
 - Blow the whistle and award an indirect free kick to a player from Team A for an unintentional handling.

Question #23

A goal may not be scored directly from a:

- a.
 - Kickoff.
- b.
 - Dropped Ball.
- c.
 - Goal Kick.
- d.
 - Penalty Kick.

Question #24

The goalkeeper comes outside the penalty area to challenge the player in white on a breakaway. The goalkeeper makes contact with the player in white causing him to fall. The referee should: [Video](#)

- a.
 - Award white a direct free kick and caution the goalkeeper since the goalkeeper was trying to play the ball.
- b.
 - Award white an indirect free kick and eject the goalkeeper.
- c.
 - Allow play to continue as the goalkeeper was making an attempt to play the ball.
- d.
 - Award white a direct free kick and caution the goalkeeper for stopping a promising attack.

Question #25

The visiting team arrives at the game site and the goalkeeper's jersey does not have a number.

- a.
 - ☒ The visiting team should change to a legal goalkeeper jersey. If unable to correct, the game shall be played and the referee must notify the state association following the game.
- b.
 - ☐ The game should not start until corrected.
- c.
 - ☐ The officials should allow the game to start, but caution the head coach before kickoff.
- d.
 - ☐ The officials should allow the game to begin but caution the head coach at the first stoppage.

Question #26

After a goal by Team B, a player on Team A stands in the opponent's half of the field and kicks the ball backward after the official blows the whistle to restart the game. Before the ball is touched by another player, the same player kicks the ball again to redirect it.

- a.
 - ☐ This is legal and play should continue.
- b.
 - ☐ This is illegal and the kick should be retaken.
- c.
 - ☐ This is illegal and Team B should be awarded a direct free kick.
- d.
 - ☒ This is illegal and Team B should be awarded an indirect free kick.

Question #27

Player in white jumps over the back of the player in black to play the ball. The referee should: [Video](#)

- a.
 - ☐ Ignore the jumping in as the player in white was attempting to play the ball and undercut the player in black.
- b.
 - ☐ Award an indirect free kick to the player in black for jumping in by the player in white.
- c.
 - ☒ Award a direct free kick to the player in black for jumping in by the player in white.
- d.
 - ☐ Award a drop ball to the player in black.

Question #28

Player A1 kicks the ball and it deflects off the referee standing on the field near the halfway line, and the ball goes directly to Player B1. What is the appropriate restart?

- a.
☒ Drop ball to a player on Team A.
- b.
☐ Drop ball to a player on Team B.
- c.
☐ Indirect free kick.
- d.
☐ Throw-in for Team B.

Question #29

Each team shall submit a team roster. Which of the following is not permitted once the game starts?

- a.
☐ Add players to the roster.
- b.
☐ Change uniform numbers on the roster.
- c.
☐ Add bench personnel to the roster.
- d.
☒ None of the above are prohibited and can happen at any time.

Question #30

Attacker A10, who is in an offside position, receives the ball from a goal kick by A2. What should happen next?

- a.
☐ The assistant referee waves the flag to indicate an offside violation.
- b.
☐ The referee stops play and awards an indirect free kick to Team B.
- c.
☒ Play is allowed to continue because there is no offside violation.
- d.
☐ The referee stops plays and orders the goal kick to be retaken.

Question #31

A player's jersey may include which of the following optional items within size restrictions?

- a.
 - ☐ An American flag.
- b.
 - ☐ A commemorative patch.
- c.
 - ☐ A memorial patch.
- d.
 - ☒ All of the above.

Question #32

Team A is awarded a direct free kick and asks the referee to enforce 10 yards. Team B places two players in a defensive wall and are properly positioned by the referee. Player A1 stands next to Team B's wall. Is A1's position legal?

- a.
 - ☐ No, attackers must remain at least 1 yard away from any defensive wall.
- b.
 - ☐ No, attackers must remain at least 5 yards away from any defensive wall.
- c.
 - ☐ No, attackers must remain at least 1 yard away from a defensive wall of two or more defenders.
- d.
 - ☒ Yes, because the defensive wall has fewer than three defenders.

Question #33

The home team and the visiting team are both wearing white shorts.

- a.
 - ☐ The referee should not begin the game until the home team is wearing dark shorts.
- b.
 - ☒ This is permitted.
- c.
 - ☐ The referee should not begin the game until the home team is wearing shorts of a different color than the visiting team.
- d.
 - ☐ The home team should change to dark shorts. If unable to correct, the game shall be played and the referee must notify the state association following the game.

Question #34

On a corner kick, the defending team should be positioned 10 yards away from the:

- a.
 - ☐ Ball.
- b.
 - ☐ Corner flag.
- c.
 - ☒ Corner arc.
- d.
 - ☐ Touchline.

Question #35

During inspection of the field, the referee determines the penalty area is 45 yards wide. What is the best referee response?

- a.
 - ☐ The field is illegally marked. Do not start the game.
- b.
 - ☐ Start the game, but make a mental note of where the boundary should be and make calls using the mental/invisible lines.
- c.
 - ☒ Start the game and use the lines as marked. Contact the state association after the game.
- d.
 - ☐ Ask coaches if they wish to play the game with the mismarked field.

Question #36

The ball strikes the referee standing inside the penalty area and the ball subsequently enters the goal. What is the appropriate restart?

- a.
 - ☐ Indirect free kick.
- b.
 - ☐ Kickoff.
- c.
 - ☐ Drop ball to the team that last touched the ball prior to hitting the referee.
- d.
 - ☒ Drop ball to the defending team's goalkeeper.

Question #37

Team A is awarded a throw-in near the halfway line. Player A2 stands on the touchline, places the ball behind the head and starts to throw the ball in over their head. Before releasing the ball, A2 stops and turns in the other direction to throw the ball in. The referee:

- a.
 - Blows the whistle for an illegal throw and awards a throw-in to Team B.
- b.
 - Whistles for a foul and restarts with a direct free kick to Team B.
- c.
 - Allows play to continue as this is legal.
- d.
 - Issues a yellow card to A2 for delay of game.

Question #38

The referee shall signal an indirect free kick by raising an arm above their head. How long is this signal to be maintained after the ball is kicked?

- a.
 - Until the ball clearly moves.
- b.
 - Until the ball touches another player.
- c.
 - Until the ball goes out of play.
- d.
 - B or C.

Question #39

Player A3 has hair beads at the end of a pony tail secured to their head with a bun. During play, the bun comes undone allowing the pony tail with beads to swing freely. At the next stoppage, what should the referee do?

- a.
 - Require A3 to immediately leave the field without a caution.
- b.
 - Ask A3 to correct their equipment, and if not immediately correctable, ask A3 to leave the field without a caution.
- c.
 - Require A3 to immediately leave the field and caution A3's head coach.
- d.
 - Ask A3 to correct their equipment, and if not immediately correctable, ask A3 to leave the field and caution their head coach.

Question #40

Attacker A10, who is in an offside position, receives the ball from a goal kick by A2. What should happen next?

- a.
 - The assistant referee waves the flag to indicate an offside violation.
- b.
 - The referee stops play and awards an indirect free kick to Team B.
- c.
 - Play is allowed to continue because there is no offside violation.
- d.
 - The referee stops plays and orders the goal kick to be retaken.

Question #41

Player A1 kicks off to start the second half of the game. Player A1's kick goes directly into Team B's goal. The referee should:

- a.
 - Disallow the goal and have Team A retake the kickoff.
- b.
 - Disallow the goal and have Team A take an indirect free kick from the half line.
- c.
 - Disallow the goal and award Team B a goal kick.
- d.
 - Award the goal and restart the match with a kickoff for Team B.

Question #42

During a penalty kick, kicker A2 kicks the ball and it immediately deflates. What is the appropriate restart?

- a.
 - Retake the penalty kick.
- b.
 - Goal kick awarded to Team B.
- c.
 - Corner kick awarded to Team A.
- d.
 - Indirect free kick for Team B.

Question #43

A10 is in an offside position. Defender B12, with time, space and clear sight of the ball, extends their leg in an attempt to clear the ball. The ball then inadvertently goes toward A10. The official shall:

- a.
☒ Allow play to continue.
- b.
☐ Penalize A10 for being offside and restart with an indirect free kick for Team B.
- c.
☐ Penalize A10 for being offside and restart with a direct free kick for Team B.
- d.
☐ Award a direct free kick to Team B.

Question #44

A second whistle is required to restart play for all of the following except:

- a.
☐ A penalty kick.
- b.
☒ A direct free kick.
- c.
☐ After a substitution.
- d.
☐ After a caution or disqualification.

Question #45

The home team's logo obscures the halfway line. What is the best referee response?

- a.
☐ The field is not properly marked. Do not start the game.
- b.
☐ Request the game management to apply temporary paint to form a halfway line, then start the game.
- c.
☒ The field is illegal, but the official should start the game and notify the state association following the game.
- d.
☐ The field is legal. Start the game.

Question #46

Player A is taking a penalty kick. When struck, the ball hits the post rebounding to Player A, who then gathers the ball and kicks the ball into the goal. What is the proper restart?

- a.
 - This is a goal and restart for Team B with kickoff.
- b.
 - This is a drop ball to the goalkeeper.
- c.
 - This is an indirect free kick from the spot of the infraction.
- d.
 - This is an infraction and a retake of the penalty kick.

Question #47

During the taking of a goal kick, the goalkeeper miskicks the ball and it travels a short distance. The goalkeeper immediately kicks the ball again so it exits the penalty area. What should the referee do?

- a.
 - Have the goalkeeper retake the goal kick as the first kick did not exit the penalty area.
- b.
 - Award a direct free kick to the opponent at the spot of the second touch by the goalkeeper.
- c.
 - Allow play to continue as the ball was not in play until it exited the penalty area.
- d.
 - Award an indirect free kick to the opponent at the spot that the goalkeeper kicked the ball a second time.

Question #48

In an attempt to play the ball, the player in red goes down and traps the ball between the legs preventing the player in white from making a play on the ball. The referee should: [Video](#)

- a.
 - Allow play to continue but verbally caution the player in red.
- b.
 - Award a direct free kick to the team in white.
- c.
 - Award a drop ball to the team in white.
- d.
 - Award an indirect free kick to the team in white for the dangerous play by red.

Question #49

The goalkeeper for Team A is wearing light blue socks. The goalkeeper's teammates are wearing black socks.

- a.
 - ☒ Legal as long as Team B is not wearing light blue socks.
- b.
 - ☐ The official must remove the goalkeeper from the field until a change is made to black socks to match teammates.
- c.
 - ☐ Legal even if the opposing team is also wearing light blue socks.
- d.
 - ☐ Legal as long as the socks match the goalkeeper's jersey.

Question #50

Player A is part of a wall in a free kick. After the ball is kicked, Player A moves the hands toward the face to protect their face from the ball. The ball then hits the hand of Player A. The referee should:

- a.
 - ☐ Stop play and caution Player A for handling and award a new free kick from the spot of the foul.
- b.
 - ☐ Stop play, and red card Player A for DOGSO.
- c.
 - ☒ Allow play to continue with no foul as this is a reflex action and not considered to be deliberate handling.
- d.
 - ☐ Stop play and award a new direct kick from where Player A deliberately handled the ball.